

# **2017 March Break Swim Camp**

*Learn to Swim Faster! Smarter!*



*Where Champions Train*

**Monday, March 13<sup>th</sup> – Friday, March 17<sup>th</sup>, 2017**  
**7:45am to 10:30am**

**Camp Features:**

- + Teaching body position on land, body position in the water, Freestyle drills, Backstroke drills, Breaststroke drills, Butterfly drills, Start and Turn drills.
  - + Concentrated instruction for pre- competitive and competitive swimmers ages 8 – 16.
  - + Underwater Video Analysis of all four competitive strokes
  - + All sessions are run at the Etobicoke Olympium, site of the 2004 Canadian Olympic Trials.
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- + **Early Bird Pricing \$160.00 - Deadline is Friday, February 3<sup>rd</sup>, 2017**
  - + **Regular Price \$185.00 -Deadline is Friday, March 10<sup>th</sup>, 2017**

***Registration: Please register online at [eswim.ca](http://eswim.ca) through the Camp Monster link and submit your payment online.***

***For More Information Contact:***

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Or

Visit our website at [www.eswim.ca](http://www.eswim.ca)

